

SPRING TERM

# MENU CYCLE WEEK ONE

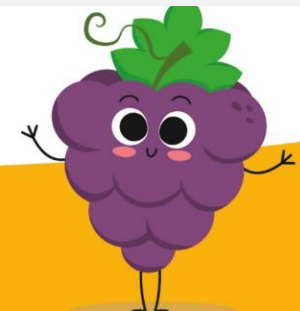
03/01/22  
24/01/22  
14/02/22  
14/03/22  
04/04/22

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Meatballs, Tomato Sauce & Pasta	Sweet & Sour Chicken	Roast Chicken & Gravy	Beef Burger	Pepperoni Pizza
VEGETARIAN	Mac 'N' Cheese	Vegetable Spring Roll	Quorn Roast & Gravy	Vegetable Burger	Cheese & Tomato Pizza
STARCHY FOOD	Garlic Bread	Rice	Roast Potatoes	Herby Sliced Potatoes	Chips
VEGETABLE	Peas & Sweetcorn	Mixed Peppers	Broccoli & Cauliflower	Sweetcorn Coleslaw	Baked Beans
DESSERT	Rice Krispie Cake	Muffin Selection	Chocolate Brownie	Lemon Cake with Custard	Chocolate Mousse
CARBS	Jacket Potatoes with Cheese, Beans or Tuna				

### Food Allergies and Intolerance

If you require information on allergens or suffer from a food intolerance, please speak to a Team Member before you order your food and drinks.

**Available Daily** Yoghurt Pots, Freshly Made Fruit Pots, Sandwiches & Seasonal Salad Selection



SPRING TERM

# MENU CYCLE WEEK TWO

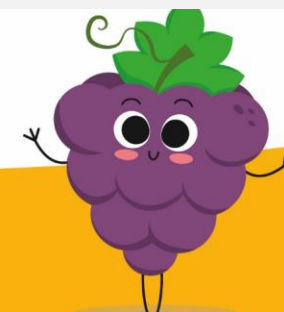
10/01/22  
31/01/22  
28/02/22  
21/03/22

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Chicken & Sweetcorn Pasta	Breaded Chicken Strips	Roast Beef, Yorkshire Pudding & Gravy	Pork Sausage	Ham Pizza
VEGETARIAN	Vegetable Pasta Bake	Quorn Pieces	Quorn Roast, Yorkshire Pudding & Gravy	Vegetarian Sausage	Cheese & Tomato Pizza
STARCHY FOOD	Garlic Bread	Oven Roasted Wedges	Roast Potatoes	Boiled Potatoes	Chips
VEGETABLE	Peas	Baked Beans	Carrots & Broccoli	Peas	Baked Beans
DESSERT	Muffin Selection	Marble Cake with Custard	Lemon Shortbread	Jam Sponge	Mini Doughnuts
CARBS	Jacket Potatoes with Cheese, Beans or Tuna				

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SPRING TERM

# MENU CYCLE WEEK THREE

17/01/22  
07/02/22  
07/03/22  
28/03/22

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Fish Fingers	Pork Sausage	Roast Gammon	Marinated Chicken Burger	Sausage Pizza
VEGETARIAN	Vegetable Frittata	Ratatouille	Quorn Fillet	Vegetarian Burger	Cheese & Tomato Pizza
STARCHY FOOD	Herby Sliced Potatoes	Mashed Potato	Roast Potatoes	Oven Roasted Wedges	Chips
VEGETABLE	Peas & Sweetcorn	Baked Beans	Savoy Cabbage & Carrots	Peas & Sweetcorn	Baked Beans
DESSERT	Strawberry Mousse	Syrup Sponge with Custard	Flapjack	Lemon Drizzle Cake	Ice Cream
CARBS	Jacket Potatoes with Cheese, Beans or Tuna				

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