

MENU CYCLE WEEK ONE

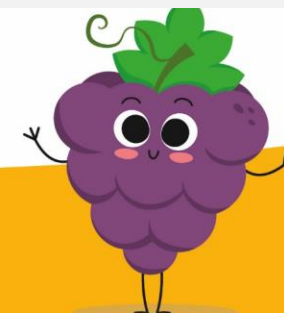
AUTUMN TERM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Beef Bolognese with Wholemeal Pasta	Fish Fingers	Roast Chicken	Sausages	Chicken & Sweetcorn Pizza
VEGETARIAN	Mac 'N' Cheese	Vegetable Burrito	Quorn Fillet	Vegetable Burger	Cheese & Tomato Pizza
STARCHY FOOD	Garlic Bread	Oven Roasted Wedges	Roast & Mash Potatoes	Herby Sliced Potatoes	Chips
VEGETABLE	Peas & Sweetcorn	Green Beans & Sweetcorn	Broccoli & Cauliflower	Carrots & Peas	Peas or Baked Beans
DESSERT	Rice Krispie Cake	Fruit Flapjack	Lemon Cake with Custard	Cookie Selection	Vanilla Shortbread
CARBS	Jacket Potatoes with Cheese, Beans or Tuna				

Food Allergies and Intolerance

If you require information on allergens or suffer from a food intolerance, please speak to a Team Member before you order your food and drinks.

Available Daily Yoghurt Pots, Freshly Made Fruit Pots, Sandwiches & Seasonal Salad Selection



MENU CYCLE WEEK TWO

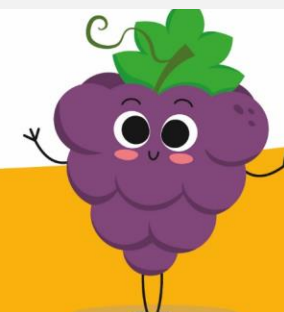
AUTUMN TERM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Chicken Curry	Pork Meatballs	Roast Turkey & Stuffing	Breaded Chicken Strips	Ham Pizza
VEGETARIAN	Vegetable Stir Fry	Vegetable Pasta Bake	Vegetarian Cottage Pie	Vegetarian Sausage	Cheese & Tomato Pizza
STARCHY FOOD	Rice	Pasta	Roast & Mash Potatoes	Oven Roasted Wedges	Chips
VEGETABLE	Peas & Sweetcorn	Green Beans	Carrots & Broccoli	Sweetcorn	Peas or Baked Beans
DESSERT	Flapjack	Chocolate Brownie	Marble Cake with Custard	Muffin Selection	Lemon Shortbread
CARBS	Jacket Potatoes with Cheese, Beans or Tuna				

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MENU CYCLE WEEK THREE

AUTUMN TERM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Crispy Chicken Wrap	Sausages	Roast Gammon	Beef Burger	Pepperoni Pizza
VEGETARIAN	Vegetable Frittata	Vegetarian Sausage	Quorn Fillet	Cheese & Bean Wrap	Cheese & Tomato Pizza
STARCHY FOOD	Herby Diced Potatoes	Mash Potato	Roast & Mash Potatoes	Oven Roasted Wedges	Chips
VEGETABLE	Broccoli & Cauliflower	Green Beans & Sweetcorn	Savoy Cabbage & Carrots	Peas & Sweetcorn	Peas or Baked Beans
DESSERT	Cookie Selection	Chocolate Shortbread	Oaty Fruit Crumble with Custard	Fruity Muffin	Strawberry Mousse
CARBS	Jacket Potatoes with Cheese, Beans or Tuna				

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